Appendix 1

Engagement Activites - Networking, signposting, promotion. Safeguarding				
Q1 April - June 2022	Presentations about dementia connect service to various fora including: practice managers, practice nurses, health care assistants dementia friends session and awareness of DC Halton service to practice admin staff Materials sent out by email to all practices dementia friends session delivered to the families of residents at Trewan care Home in Widnes Involvement with the dementia Delivery Group and Halton carers centre as part of thatEngagement with the Partners in Prevention group and contact with the fire service to arrange dementia awareness sessions for themWorking on a plan to deliver Dementia Friends sessions and Dementai Friends Ambassador/Champions training to nominated council staffContinued development and promotion of Widnes activity group and planning to start up another activity group in the Runcorn area to improve accessibility across HaltonRegular contact with support workers within LLAMS and IAT in social care to encourage signposting and referral to usVCSFE Response Meeting attendanceStall to be held alongside House of Memories Roadshow bus.			
Q2 July - Sept 2022	We were approached by a care home to do an information session for staff and relatives. In response to this we delivered a dementia friends session, with some additional relevant information. This was attended by staff and relatives of residents living there. This was also followed by a casual Q&A session with the support of our DA. Feedback was really positive and these sessions will now be run quarterly to help keep families informed and supported if they are affected by dementia. We arranged for Thred CIC to join our activity group to consult with service users about their experiences of transport. This is to inform the Liverpool City Region Transport Plan which is currently in development. People were given information about the plan and gave feedback about what they need from a good transport system as people affected by dementia. We again attended the partners in prevention meetings to promote our services and have also promoted Dementia Advisors and the Activity Group to other services by post and email.			
Q3 Sept - Dec 2022	Meeting with Andrew Kiridoshi from LLAMS to promote the service. Dementia friends sessions delivered to elected members, and HBC management. Liaising with Alzheimer's Society internal DF team to ensure that Halton are top priority when DF Ambassador training is scheduled. We attended the Carers Rights Day event run by HCC to deliver a dementia friends session and manned a stall providing information about dementia-related topics and promoting our services. We also promoted our services at the Partners in Prevention meets with a stall. We've been involved in meetings to develop the One Halton Dementia Delivery Plan and provided information to support any comms to go out as part of one of the actions around health promotion. We have been involved in meetings and site visits looking at potential spaces for a community hub with other 3rd sector providers which we are keen to be involved in. We also completed an interview as part of a research project about councillors and their involvement in social care. Additionally we have continued to support Trewan House care home.			

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Coffee & Chat at Widnes and Runcorn Library, Sure Start to Later Life Dementia Friends Runcorn Town Hall, Adult & Social Care Research with Halton Council and Chester University, Brookvale Community Centre promotion in the area, Partners in Prevention event, Carers Strategy Group, Dementia Strategy Group. During this quarter staff received deafness awareness and accredited first aid training relevant to the development of activity groups. The Dementia Adviser service has also been added to the list of services that care navigators within GP practices can refer into. Our groups continue to grow, and we have also seen a gradual increase in referrals to the service this quarter. Alzheimer's Society have launched a refreshed brand so new promotional materials for our Halton Dementia Adviser service and groups are being distributed to LLAMS, GP's and other partners in Halton. There is a new dementia lead at Warrington and Halton Hospitals who we will be speaking with in due course to offer our support to Halton residents who are treated in either Warrington or Halton hospitals as part of the society's new strategy, aiming to reach people living with dementia at significant points of change and some of the most difficult times in their journey. We are also planning for dementia action week where we will continue to focus on the theme of getting a diagnosis and accessing post-diagnostic support.

Engagement Activites - Networking, signposting, promotion.

Service promotion within NHS Applause Newsletter, attendance at practice managers meeting and follow up contact, dementia friends session and service promotion at two sure start to later life training sessions, Dementia Friends sessions at Runcorn PCN training day - three back to back sessions covering 58 staff! Met with the new discharge support worker at Warrington Hospital to encourage referrals for both Halton and Warrington residents into their respective local dementia adviser services. Joined the Halton VCSFE meetings again to network and share information about our service with other voluntary sector partners. Also attended Dementia Delivery Plan group and presented feedback from informal consultation. Attended Carers Startegy Group meeting - provided updates around carers of people with dementia. We took part in various events during dementia action week, inlcuding a dementia friends session at Brookvale Medical Centre, attending open day at Grove House Practice, attended post diagnostic group and Brooker Centre, advisers also dropped into coffee and chat in Runcorn to offer on the spot support to anyone affected by dementia. We have been approached by The Wellington pub in Hale about running a memory cafe and becoming dementia friendly so our dementia advisers are also supporting them with that. Overall it's been a busy few months of service promotion and offerring on the spot support, as well as awareness raising for a Dementia Friendly Halton.

Safeguarding

One safeguarding referral to local authority. Carer breakdown, no longer able to care, having a negative effect on his mental health and mum at risk of being left alone. Unable to keep herself safe due to dementia. Local authority contacted and put a package of care in place. Support for the carer ongoing with dementia adviser to understand progression of dementia, accessing and paying for care.

Q1 April - June 2023

There is a new Dementia Lead Nurse at Warrington and Halton Hospitals whom I have met with and joined the new Dementia Steering Group there. We are currently looking at a potential referral pathway into our services for anyone needing support, particularly at the point of discharge. We have sent information packs to each GP practice in Halton with a summary of our services and some factsheets and booklets as an example of what we offer. This was accompanied by a covering letter explicitly asking practices to display our information, signpost to us when inviting patients for an annual dementia review, and refer to us during a GP Dementia Review, We continue to attend Partners In Prevention meetings to promote our services and network with other organisations across the borough. We also attended the session in Widnes market where members of the public could also see the services available. We continue to attend the VCFSE response meetings, again for networking and service promotion. From the last couple of these meetings we have made some new contacts - Paula Perle who is delivering some fitness sessions including active bingo and will come along to do a taster at one of our activity groups. We have also made contact with the Reader Organisation regarding some taster shared reading at the groups. We have delivered three more dementia friends sessions as part of the sure start to later life days and staff also attended the falls training part of the day to expand their knowledge and allow them to provide an additional facet of early intervention and preventative information to our service users. We have also refreshed our contact with British Red Cross and Citizen's Advice Bureau to promote services and discuss potential referrals. We also attended the Health and Active Ageing event to promote our activity groups. Referral numbers have been very low, and although these have picked up into early October, there are still very few from the memory clinic in comparison to their diagnostic rates. I have contacted both the MAS Team Manager and the lead consultant. Response from the consultant was positive towards my suggestions of us attending monthly to the post diagnostic CST groups to take referrals, but there has been no confirmation of dates from the manager. I also attended the Carers Strategy Meeting and the Dementia Delivery Group to provide input. Over the next few months we plan to implement some Love to Move exercise sessions as part of our activity groups, and pilot a one day dementia carers workshop in Halton in order to try to complement the existing services on offer.

Q2 July - Sept 2023

Ongoing work with Warrington and Halton Hospitals through the Dementia and Delerium group and the Lead Dementia Nurse Consultant. Currently in the process of planning some events across both sites for Dementia Action Week. One of our Halton Advisers is due to attend training to deliver Love to Move to enable us to offer sessions regularly as part of our service offer. This is a chair-based exercise session designed by the British Gymnastics Foundation specifically to work on both physical and cognitive stimulation at the same time and will be beneficial in helping people to maintain their cognitive skills as well as co-ordination, balance and strength. We continue to attend the VCSFE response meetings in order to network and promote our services, as well as events such as the Partners In Prevention Meetings and a drop-in at Grove House GP practice. We also continued to deliver Dementia Friends sessions at the Sure Start to Later Life training days this quarter which were well received. Our relationship with LLAMS remains a challenge with very little response to offers of joint working to speak with the team there or attend their sessions with patients or staff. The 'Reducing Health Inequality in Halton' sessions have been rescheduled and I will be attending those. We have attended meetings with two housing providers and will be attending another team meeting in the new year to promote our services again with the initial assessment team in adult social care. I was scheduled to meet with Karen Graham regarding care homes and what support we can offer though this was rearranged for the new year. We have continued to work with people with young onset dementia and their families across the whole of Cheshire and Merseyside to arrange a support service that is relevant and accessible for their needs as many existing services are not age-appropriate. We are due to launch our first support group soon.

Q3 Sept - Dec 2023

Referral numbers remain low and with no response to our offers of attending team meetings and groups from the LLAMS manager again. We have continued to promote our services wherever we can via Halton and St Helens CVA, IAT meeting (rearranged as low expected attendance due to it being around easter holidays), Grove House practice drop-ins, Wellbeing service team meeting, Warrington and Halton Hospitals Dementia and Delerium Steering Group and at VCSFE Response meetings. We are now able to offer full benefits assessments and support with applying for benefits via our internal partnership with Citizens Advice. We are looking at some collaboration through our groups with Nature Cafe in Runcorn and The Reader Organisation who have arranged to come along and run a taster session to see how it is received. If this is positive we can then run a joint session with them regularly as they are keen to develop their service in Runcorn too. Advisers have also met with Life Story Network to bring this into the groups. Due to revisit Stroke Association to attend team meeting as they were referring through a link at a partners in prevention meeting last year but these have now reduced. Attended another Partners In Prevention meeting in January. We have taken up the offer of desk space for drop-in's at the One Stop shops. Hoping to be able to attend monthly to start with in each location. Dementia Adviser Vanessa is due to complete her Love to Move training so we will be delivering a Love to Move group from next guarter to offer a more freguent calendar of activities and something new to Halton. Following a great success with St Helens college we have offered for Riverside College Health and Social Care students to have some Dementia Friends Sessions delivered - no reply from Head of Department yet but will ask again. Dementia Friends Session and service promotion also booked in for May at Castlefields Community Centre. Ongoing attendance with the Compassionate Community forum and from that looking at how we can work with Halton Haven Hospice to support people living with dementia at end of life. Due to start delivering Dementia Friends sessions and service promotion in care homes following conversations with Maureen and Steve at HBC. Finally, we have a few events booked in for Dementia Action Week - a small marketplace event at Halton Lea Library with a range of other services and a DF session to take place in the afternoon, an information stall at ASDA, and a Carers Infomration and Support Workshop at the Catalyst Science Centre. Wider work with North West Ambulance Service ongoing too and some service user involvement for their Dementia Strategic Plan to take place at our Widnes group. Launch of our Young Onset Network during Dementia Action Week.

Q4 Jan-Mar 2024

Referral numbers have improved slightly on the last quarter but again numbers are low. We have again tried to contact LLAMS and offered to attend post-diagnostic groups, clinic days and team meetings as well as an offer for them to attend our Dementia Action Week event in Runcorn to no avail. We have contacted again since to directly ask whether there are any barriers to referring to our services or wokring with us that we can address. We have however been busy promoting our services elsewhere. Our Dementia Action Week events featured in the NHS Applause newsletter, Runcorn and Widnes World, and Halton Carers Centre newsletter. Our advisers have attended team meetings with Wellbeing Enterprises, Stroke Association, leisure centre/library staff, and met with the Healthy and Home service which supports poeple particularly at the point of hospital discharge and does come into contact with people living with dementia frequently. We continue to network and promote our services within the VCSFE Response meetings, Warrington and Halton Hospitals Dementia and Delerium Steering Group, Carers Strategy Group and the Compassionate Communities Network. We have been delivering dementia friends sessions at various Halton Borough Council care homes including: Oakmeadow Community Support Centre and St Lukes and Millbrow. Additionally this guarter we ran a drop-in event at Runcorn Library. Partners were invited and this was attended by Halton Carers Centre, Sensory Support Services, NHS Primary Care (app promotion), Ageing Well and the Library Service. this was attended by 14 members of the public. We are planning to run similar drop in sessions on a monthly basis in the Runcorn area possibly using the library again to improve our reach but also exploring other options including the new Health Hub. We have also met with the Reader Organisation who will be attending an activity group session to deliver a taster and we are due to meet again to discuss setting up a joint group for people living with dementia. We also have someone coming to deliver their Nature Cafe taster at our group. This is a model that has worked well in schools and may be beneficial for people living with dementia. We attended the North West Healthy Ageing Leads Network to promote our services. As a result of conversations during the Compassionate Communities Network meeting we met with Halton Haven Hospice. They didn't feel that they would come into contact with many people affected by dementia in their services as a hospice isnt often the right environment for someone however we did offer some dementia friends awareness training which they have accepted and will be delivered once a date has been set. Our Halton Dementia Adviser Vanessa has now completed her Love to Move training and is awaiting her final assessment from British Gymnastics Foundation to be able to deliver this at the groups to help improve wellbeing, strength and co-ordination. We have also met with Riverside College to discuss how we can support Health and Social Care students to gain a better understanding of dementia and will be offering some dementia friends sessions and volunteering opportunities to help to create a dementia friendly workforce for the future. We are now able to offer Halton service users access to a full benefits assessment and support with applications and appeals with our internal benefit service, although we still Q1 April - June 2024 try to work as closely as possible with local providers where we can.

Referral numbers have dipped again this guarter. We did get a response from the deputy manager at LLAMS who we managed to secure a meeting with. We went along to the memory clinic to discuss with her and Jaymie who also attended the lack of referrals into our service and our concerns about people not receiving ongoing post-diagnostic support once discharged from the memory clinic. They explained that they had been experiencing staffing issues and so some of the post-diagnostic work that they would normally do to refer and signpost into services such as ours has not been taking place. Kim advised that this should now improve as they have recruited into vacant posts. We asked about attending future meetings and she said they would be happy to and we will follow this up again. We have left some flyers in the waiting room and put up a poster. We have also worked on other avenues of promoting our service and getting into the community to try to reach people. We had another meeting with the healthy and home service, attended the VCSFE response meeting in-person to talk about what we do, held information stands at Halton Lea shopping centre, the Foundary Community Church, Morrisons Widnes, Castlefields Community Centre, Ditton Community Centre, and have others planned over the coming months at both Direct Link sites, Upton and Grangeway Community Centres, and the Deafness Resource Centre. We have delivered Dementia Friends sessions to a further 2 care homes and 2 domicilliary care companies. We have attended the PPG plus meeting, which was very positive, resulting in 3 enquiries so far for us to attend individual practices to talk about our services and how we can get their patients to access our support. We have had an article in the Runcorn and Widnes World as part of World Alzheimer's Month urging people to seek our support and to also ask for advice if they are worried about their memory. We are also booked in to do a radio interview to talk about our services via Kathy at Health Watch. We have also made enquiries about moving our Runcorn group into a more central venue - The Brindley Theatre has been suggested by other partners and it is likely that we will be based there from the new year. Referral numbers have improved on the last quarter partly due to an increased number of referrals from the Healthy at Home service run

by the VCA. We have also been working closely with Healthwatch and raised concerns with them about the lack of post-diagnostic care being provided by LLAMS and the lack of willingness to work with us. Healthwatch visited Jaymie at the memory clinic to raise these issues and he explained the same things that he had given to us the previous month. A complaint is now being raised as we have come across cases over the past few months where people haven't even been informed of our service when receiving a diagnosis. Their diagnostic rate remains higher than most of the region. We have asked again for dates for their CST but received nothing. We have however secured space at The Brooker Centre, where LLAMS are based, to have a stall for outreach alongside Healthwatch Halton. This will take place monthly beginning on 20th January. We have continued to attend various fora, including the VCSFE Forum, a new

Halton Collaborative meeting, Compassionate Communities meetings, 2 further PPG meetings, and the Warrington and Halton

so we are hoping that it will be of benefit to people living with dementia who arent already accessing services. Love to Move is accredited by the British Gymnastics Foundation and is a targeted intervention specifically designed to improve cognitive reserve for

Hospitals Dementia Steering Group. I held a guest slot on the Halton Hospital Radio Station with Kathy from Health Watch to promote our services and talk about dementia and the support we provide. This went out live on 19th December and the recording will be available soon to share, which we will send out to various partners. We were planning on moving our Runcorn group to the Brindley Theatre as a more central venue, however they are currently having some building works completed and so we are looking for a

different venue with an aim to set up a Love to Move group from March. This is something that isnt already offerred anywhere in Halton

Q2 July - Sept 2024

None

Q3 Oct - Dec 2024

people with dementia.